

## Yoga Foundations Class

By *shawn\_hara*

Created *Jun 9 2010 - 4:20pm*

**Location:** Longview Yoga 2500 Judson Rd Ste G (next to Blockbuster Video)

**Date:** June 8, 2010

**Start & End Time:** 6:45pm - 8:00pm

**All Day Event:** No

Learn the Foundations of Yoga with Karen Higgins. The cost is \$50 and will run from June 8th to July 13th. Be sure to bring along a yoga mat and a water bottle with you. This class is for ages 13 and up. For more information, please call 903-237-1270.

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